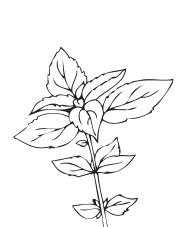


HOW TO STORE FRESH HERBS





WASH the herbs and dry using a salad spinner or with paper towel. If bought from farmers market wash as you use them.



- TENDER HERBS -

parsley * cilantro * basil dill * mint * tarragon

TRIM the ends of the herbs, and remove any wilted or browned leaves.

FILL a mason jar or glass with 1" of water.

PLACE the herbs in the jar like a bouquet of flowers.

COVER with a loose bag.

STORE in the refrigerator.

To store BASIL leave uncovered and place on counter where it can get sunlight.





- HARD HERBS

rosemany * thyme * Organo sage * savory * chives

ARRANGE the herbs lengthwise in a single layer on a damp paper towel.

LOOSLEY roll up the herbs.

TRANSFER to an airtight container.

STORE in the refrigerator.



ACTIVE VEGETARIAN